



ACCESS MENTAL HEALTH INFORMATION & RESOURCES.

WayAhead Mental Health Information Service

With access to mental health information and resources in your local community and beyond, the WayAhead Mental Health Information Service is available for your needs.

- Free service available to everyone requiring Mental Health information or support
- Private and confidential, callers can remain anonymous if preferred
- Find Mental health and wellbeing services for your individual needs
- Online directory of mental health, wellbeing, and community services.



Mon-Fri (9am - 5pm)
1300 794 991



info@wayahead.org.au



24/7 Directory
directory.wayahead.org.au

